

DRAGON CAMPS

SPORTS EDITION

MONDAY

BANK HOLIDAY

TUESDAY

FREE PLAY/REGISTRATION
ROUNDERS - BATTING / CATCHING SKILL SESSION
ROUNDERS - GAME
ARCHERY
FOOTBALL - SKILL SESSION
FOOTBALL - PASSING CHALLENGE
FOOTBALL - MATCHES AND GAMES

WEDNESDAY

FREE PLAY/REGISTRATION
CRICKET - BOWLING SKILL SESSION
CRICKET - BATTING SKILL SESSION
QUICK CRICKET
BASKETBALL - DRIBBLING/ PASSING SKILL SESSION
BASKETBALL - SHOT CHALLENGE
FUN GAMES - BALANCE, CROSS THE RIVER,
COLOUR CONES



THURSDAY

FREE PLAY/REGISTRATION
TENNIS - SKILLS AND TARGET PRACTICE
TENNIS - KING OF THE COURT
HOCKEY - PASSING SKILL SESSION
HOCKEY - TARGET PRACTICE AND MATCH
SPORTS DAY AFTERNOON - SPRINTS, RELAYS,
OBSTACLE COURSE, LONG JUMP
AND FUN RACES

FRIDAY

FREE PLAY / REGISTRATION
TENNIS - RACKET AND BALL SKILLS
TENNIS - REACTION GAME
FOOTBALL - SKILL SESSION
FOOTBALL - SHARK GAME AND MATCH
BENCHBALL - PASSING DRILL
BENCHBALL - SMALL AND BIG MATCHES

